

July 2007

Happy
Independence

MIGUN of Greenville

NEWSFLASH

Welcome to the MIGUN of Greenville Family!

IN THE
SPOTLIGHT
**Migun at the
OFFICE**

**MIGUN and
The American Chiropractic Association**

As you know, Migun was developed using five modalities of health: chiropractic, massage, acupressure, acupuncture and moxibustion (heat therapy). The first of those modalities is chiropractic, which is a complementary health care profession with the purpose of diagnosing and treating mechanical disorders of the spine and musculoskeletal system with the intention of affecting the nervous system and improving overall health. Chiropractic is based on the premise that a spinal joint dysfunction can interfere with the nervous system and result in many different conditions of diminished health.

The Migun thermal massage bed uses chiropractic principles to help users achieve better posture and spinal alignment. Over time, the effects of better alignment in the body can alleviate a great deal of chronic pain, especially from back and headaches. Migun of Greenville and Migun USA are pleased to announce that Migun thermal massage



Bernard relaxes on the Healthy Mat next to his grandmother Lenda.
Everybody enjoys MIGUN!

beds are in the process of being endorsed by the American Chiropractic Association (ACA). The ACA is the largest association of chiropractors in the country. Migun beds are the first in the industry to be endorsed by the ACA. This endorsement is significant because it means that chiropractors are really beginning to see what a huge difference Migun can make in treating patients with a variety of health conditions.

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**HAPPY BIRTHDAY SALE!
ONE DAY ONLY!
Saturday, July 14th
Buy a bed, we pay your
sales tax! Save over \$200!
30-60-90-day purchase
incentives STILL APPLY!**

We recommend **DAILY USE** of MIGUN!
Payment Options:
Cash, Check, Visa,
MasterCard

**FINANCING
AVAILABLE
0% Interest—
12 months!!**

We offer **FREE layaway**—
become a preferred
member and **GET A FAST
PASS!**

Use **FLEX SPENDING
DOLLARS** to buy your
MIGUN bed!

July 2007 Price List

| | |
|--------------------------------|-------------------------|
| HY 7000 UM | \$3695+ tax & delivery |
| HY 7000 U | \$3095 + tax & delivery |
| Healthy Mat—Full | \$1199 + tax |
| Healthy Mat- Queen | \$1499 + tax |
| Ionic Comfort Rug (Large/King) | \$499 + tax |
| Ionic Comfort Rug (Med./Queen) | \$349 + tax |

| | |
|----------------------------------|-------------|
| Mini-mat DUO (NEW!!) | \$550 + tax |
| Mini-mat—Travel sized! | \$345 + tax |
| Negative Ion Bracelets (regular) | \$20 + tax |

Handmade Negative Ion Jewelry is also available. Please see our in-store collection for prices. Special orders are available!

ALWAYS remember to
bring either towels or a
sheet for sanitary
purposes!

**ALWAYS DRINK A LOT
OF WATER** after using
the MIGUN bed.
Hydration is critical after
a massage!

**HAPPY BIRTHDAY MIGUN OF GREENVILLE!
THANKS TO EVERYONE FOR OUR GREAT FIRST YEAR!**

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MIGUN of Greenville

OUCH! THE MIGUN BED HURT MY TAILBONE!

Did you say that to yourself after the jade probes made their first few passes under your lower back? Or on your way out of our center after your first treatment on the MIGUN bed? How about when you woke up the next morning?

After using MIGUN, did your tailbone area feel tender, inflamed, even bruised? If so, what you were experiencing was most likely a **HEALING REACTION**. A healing or improvement reaction is different from an injury. In fact, it is the opposite of an injury. Your body is actually trying to heal your lower back with the help of MIGUN.

SO, WHY DOES IT HURT? Most of us have problems with our lower backs, even if we don't know about the problems specifically. Some problems are obvious: herniated discs, fused vertebrae, curvature of the spine, misalignment of the spine, chronically tight muscles, spinal stenosis, arthritis, sciatica, etc. MIGUN of Greenville has seen it all.

Other conditions are less obvious but more common. The most common problem related to the lower back is calcification of the connective tissue along the spine. Healthy connective tissue is a lot like Saran Wrap: soft, pliable, smooth, yet strong. As we age, however, the connective tissue tends to harden up like cement, especially in the lower back. This can cause a whole host of health problems, so one of the best things you can do for your health is to soften up the connective tissue in your back. But, have you ever gotten a massage aimed at trying to break that stuff up? No. As you age, your connective tissue loses some of its youthful flexibility— due to wear and tear, stress, less than perfect diet, injuries, etc.

MIGUN HAS GOOD NEWS!

Your tailbone will not always be sore after a treatment on the MIGUN bed. Calcification of the connective tissue can be reversed, and the MIGUN jade probes are uniquely suited for the task. The probes act like tiny gentle jackhammers in your lumbar and sacral area – very effective. First, the probes saturate your lower back with deeply penetrating far-infrared heat which dramatically increases blood flow, oxygen flow, and energy flow to the area. Then, the probes aggressively massage the connective tissue until the calcified material is broken down and flushed out of the body. This process usually takes about two weeks of daily MIGUN sessions. **REMEMBER:** Your problems did not appear overnight. Be patient and have faith in the process of healing. Come often to see what the MIGUN bed can do for you!

MIGUN EVENTS

Wednesdays—9:30 AM & 6 PM—Join Greenville's ONLY Laughter Club! We grin out loud! FREE to the public. (weekly)

Buddhist Studies Group—meets every 3rd Thursday @ 7:30PM. Next meeting: July 19th. (monthly)

Sunday, July 22nd—1 PM—5 PM— MIGUN will hold a fundraiser for Brookshire Academy. \$20 per person. Includes door prizes, skin analysis, manicure, Monavie juice samples and more!

Continuing Education at Migun: How to Maintain Your New MIGUN bed. Classes are held on the second Tuesday of each month @ 7 pm. The next class is July 10.



Team MIGUN is (L-R) Pam, Liza, Vicy, Barbara, Lucy

30-day purchase incentives—take Migun home for health!

**Questions?
We like to answer!**

**Call us:
(864) 242-1160**

**Email us:
info@migunofgreenville.com**

**Visit us on the web:
www.migunofgreenville.com**

**Hours of Operation:
M—F 10 AM—7 pm
New Client Orientations
10:30, 11:30, 12:30, 1:30,
2:30, 3:30, 4:30, 5:30**

**Saturdays 9 AM—4 PM
New Client Orientations
9:30, 10:30, 11:30, 12:30,
1:30, 2:30**

Last person on beds 30 minutes before closing!

**YOGA by
Appointment-
Call Pam
Macpherson
905-3175**

MIGUN & THE ACA

Migun is the perfect partner for chiropractic because the far infrared-heated jade massage heads perform gentle inter-segmental traction on the spine to correct minor subluxations of the spine while also warming up the muscles around the spinal column. After a Migun massage, the muscles around the spine and in the spinal column itself are more supple and flexible, so Migun can make a chiropractic adjustment easier for everyone – the patient and the doctor. Migun prepares the body for an adjustment!

Moreover, many Migun users who also see a chiropractor report that their body is better able to hold adjustments. That means that people able to spend more time working and playing, and less time at their doctor's office. You still need an apple a day, but daily Migun can help keep the doctor away, too!

Visit www.migunofgreenville.com for the latest news.



**LEFT: A painful walk into MIGUN
RIGHT: Feeling GREAT after MIGUN!**

BROOKSHIRE ACADEMY—ME DAY AT MIGUN! SUNDAY, JULY 22

On Sunday, July 22, from 1–5 pm, you can help support Brookshire Academy and take a much-needed break for yourself! Come to Me-Day at Migun and give yourself the pampering you deserve.

For only \$20 per person, you get a MIGUN massage, a skin analysis and facial, a mini-nutritional consultation from a certified nutritionist, and free samples of nutritional foods and drinks.

Brookshire Academy is a new pre-school program in the Greer/

Taylor's area. Its mission is to challenge every student to their highest potential as life-long independent learners who are positive, contributing members of society. BA integrates children with autism into classrooms of typically developing students as well as train all teachers and aides in the basics of Applied Behavioral Analysis



SPOTLIGHT: MIGUN AT THE OFFICE

High stress levels. Tension headaches. Migraines. Colds, flu, and stomach viruses. All these things happen during a typical day at any office. Many of these daily stresses create absences from work, and decrease employee productivity and morale. Over time, employee downtime can create lasting ill-effects on most businesses, especially small businesses. What can you do to stop the cycle of pain and stress? Get a MIGUN bed for your office!

By allowing employees to spend 15 – 30 minutes several times each week (even every day) having a MIGUN thermal acupressure massage treatment, you can save your company money in sick time and increase your overall productivity at the same time. All from helping your employees achieve better health! Research shows that massage increases the body's production of the mood-elevating hormone serotonin along with the hormone acetylcholine which is vital for attention

and concentration. Beyond that, massage stimulates the body's immune system and decreases its production of cortisol, a stress hormone that can wreak havoc on the body's ability to ward off disease.

MIGUN of Greenville offers financing options for every office budget and our Service Manager Ashleigh can make sure that the whole office staff knows how to get the most of MIGUN at work. Let MIGUN help your business be its best!