

August  
2007



# MIGUN of Greenville

NEWSFLASH

Welcome to the MIGUN of Greenville Family!

IN THE SPOT-  
LIGHT:  
MIGUN FOR  
GROUPS

## An Ounce of Prevention is Worth a Pound of the Cure!

*\*Almost 7% of the American population has diabetes (CDC, 2005)*

*\*High blood pressure (hypertension) killed 54,186 people in the United States in 2004 and About 72 million people in the United States age 20 and older have high blood pressure. (American Heart Association, 2007)*

*\*An estimated 105.2 million adults in the United States have total blood cholesterol values of 200 mg/dL and higher, and of these about 36.6 million American adults have levels of 240 or above. (American Heart Association, 2007)*

*\*Depressive disorders affect approximately 18.8 million American adults or about 9.5% of the U.S. population age 18 and older in a given year. This includes major depressive disorder, dysthymic disorder, and bipolar disorder. (NIMH, 2006)*

The above statistics reflect just a few of the most common ailments that affect the daily lives of people here in the United States. The good news is that incorporating the daily use of the MIGUN Thermal Massage/Acupressure bed into your life adds a phenomenal preventative measure to your routine.

Hospital studies conducted in Japan, China, S.



**MIGUN Staff Out on the Town  
July 2007**

Korea and the University of California, Irvine, here in the USA have shown repeatedly that daily use of MIGUN can reduce blood pressure, lower cholesterol, regulate blood glucose levels, increase the body's production of the mood regulating neurotransmitter serotonin and also the sleep-inducing neurotransmitter melatonin.

Beyond that, MIGUN increases the flexibility of your body's lifeline—the spine—and encourages proper spinal alignment. Gentle movement of the spinal column, coupled with the intense heat produced by MIGUN's patented jade massage heads, can correct minor subluxations of the spine while also limbering up the back, which is critical to prevent loss of mobility due to aging.

Recently, the owners of MIGUN of Greenville attended a National  
*(cont'd on page 3)*

**'A MIGUN BED IN EVERY HOME  
WILL REDUCE THE COST OF  
HEALTH CARE IN THIS  
COUNTRY' Dr. Stephen Owens, DC,  
former President of the American  
Chiropractic Association**

**EVERY HOME NEEDS  
A MIGUN BED!**

## Payment Options:

Cash, Check, Visa,  
MasterCard

## FINANCING AVAILABLE

**0% Interest—  
12 months!!**

We offer FREE layaway—  
become a preferred  
member and GET A FAST  
PASS!

Use FLEX SPENDING  
DOLLARS to buy your  
MIGUN bed!

## \*\*PRICE LIST

HY 7000 UM	\$3695+ tax & delivery
HY 7000 U	\$3095 + tax & delivery
Healthy Mat—Full	\$1199 + tax
Healthy Mat— Queen	\$1499 + tax
Ionic Comfort Rug (Large/King)	\$499 + tax
Ionic Comfort Rug (Med./Queen)	\$349 + tax

Mini-mat DUO (NEW!!)	\$550 + tax
Mini-mat—Travel sized!	\$345 + tax
Negative Ion Bracelets (regular)	\$20 + tax

Handmade Negative Ion Jewelry is also available. Please see our in-store collection for prices. Special orders are available!

**ALWAYS remember to  
bring either towels or a  
sheet for sanitary  
purposes!**

**ALWAYS DRINK A LOT  
OF WATER after using  
the MIGUN bed.  
Hydration is critical after  
a massage!**

# OUCH! THE MIGUN BED HURT MY TAILBONE!

Did you say that to yourself after the jade probes made their first few passes under your lower back? Or on your way out of our center after your first treatment on the MIGUN bed? How about when you woke up the next morning?

After using MIGUN, did your tailbone area feel tender, inflamed, even bruised? If so, what you were experiencing was most likely a **HEALING REACTION**. A healing or improvement reaction is different from an injury. In fact, it is the opposite of an injury. Your body is actually trying to heal your lower back with the help of MIGUN.

**SO, WHY DOES IT HURT?** Most of us have problems with our lower backs, even if we don't know about the problems specifically. Some problems are obvious: herniated discs, fused vertebrae, curvature of the spine, misalignment of the spine, chronically tight muscles, spinal stenosis, arthritis, sciatica, etc. MIGUN of Greenville has seen it all.

Other conditions are less obvious but more common. The most common problem related to the lower back is calcification of the connective tissue along the spine. Healthy connective tissue is a lot like Saran Wrap: soft, pliable, smooth, yet strong. As we age, however, the connective tissue tends to harden up like cement, especially in the lower back. This can cause a whole host of health problems, so one of the best things you can do for your health is to soften up the connective tissue in your back. But, have you ever gotten a massage aimed at trying to break that stuff up? No.

As you age, your connective tissue loses some of its youthful flexibility— due to wear and tear, stress, less than perfect diet, injuries, etc.

## MIGUN HAS GOOD NEWS!

Your tailbone will not always be sore after a treatment on the MIGUN bed. Calcification of the connective tissue can be reversed, and the MIGUN jade probes are uniquely suited for the task. The probes act like tiny gentle jackhammers in your lumbar and sacral area – very effective. First, the probes saturate your lower back with deeply penetrating far-infrared heat which dramatically increases blood flow, oxygen flow, and energy flow to the area. Then, the probes aggressively massage the connective tissue until the calcified material is broken down and flushed out of the body. This process usually takes about two weeks of daily MIGUN sessions. **REMEMBER:** Your problems did not appear overnight. Be patient and have faith in the process of healing. Come often to see what the MIGUN bed can do for you!

### MIGUN EVENTS

**Wednesdays—9:30 AM—Join Greenville's ONLY Laughter Club! We grin out loud! FREE to the public. (weekly)**

**Buddhist Studies Group—meets every 3rd Thursday @ 7:30PM. Next meeting: August 16th. (monthly)**

**Continuing Education at Migun: How to Maintain Your New MIGUN bed. Classes are held on the second Tuesday of each month @ 7 pm. The next class is August 14. (monthly)**

**Energizing Ionic Footbaths! \$35 for a half hour session—Saturday, August 25th—all day long. Sign up for your foot bath today—sign up is located on library table in MIGUN's lobby.**



Team MIGUN is (L-R) Pam, Liza, Vicy, Barbara, Lucy and Ashleigh.



**Questions? We like to answer!**

**Call us: (864) 242-1160**

**Email us: info@migunofgreenville.com**

**Visit us on the web: www.migunofgreenville.com**

**Hours of Operation: M—F 10 AM—7 pm  
New Client Orientations 10:30, 11:30, 12:30, 1:30, 2:30, 3:30, 4:30, 5:30**

**Saturdays 9 AM—4 PM  
New Client Orientations 9:30, 10:30, 11:30, 12:30, 1:30, 2:30**

**Last person on beds 30 minutes before closing!**

**MIGUN IS ENDORSED BY THE AMERICAN CHIROPRACTIC ASSOCIATION!**  
 Visit [www.migunofgreenville.com](http://www.migunofgreenville.com) for more information about professional discounts  
 now available.

## PREVENTATIVE MEDICINE (cont'd)

Conference in Denver, CO, to learn more about how MIGUN makes a difference. Dr. Stephen Owens, former President of the American Chiropractic Association, gave a talk on the future of health care in America. In Dr. Owens' expert opinion, MIGUN will play a vital role in the average American's ability to control long-term health issues AT HOME, without using prescription drugs. As the Baby Boomer generation begins to age with the realization that healthcare— especially long-term care— is expensive and un-

comfortable, MIGUN will be there to offer an affordable way to provide self-administered daily maintenance.

MIGUN was designed so that anyone can learn how vital preventative healthcare really is. What's the best way to take care of yourself? Eat good food; get a full night's sleep—every night; exercise your body at least 3-4 times per week; and use your MIGUN bed at home every day!



**LEFT: A painful walk into MIGUN  
 RIGHT: Feeling GREAT after MIGUN!**

## Get ENERGIZED! Get REVITALIZED! Get MIGUNIZED!

### DID YOU KNOW....

Your Migun bed at home will massage your feet?

You can use your Migun bed at home to aid digestion and elimination by using the abdominal program?

Your Migun bed has a manual function program so that you can work on your

'trouble spots' at home?

### DID YOU KNOW....

You can get a FAST PASS for Migun by putting a bed on layaway?

You can get a FREE mini-mat, FREE delivery & set-up, and a FREE extended service contract by purchasing your Migun bed during your first 30-days of visiting Migun of Greenville?

### DID YOU KNOW....

Migun has a LOST & FOUND for the belongings you left behind? We have some keys, some glasses... much more lost stuff! Ask a staff member if you've lost something!

You can visit [migunofgreenville.com](http://migunofgreenville.com) to learn more about the GREAT effects of daily Migun use?



## SPOTLIGHT: TREATS FOR THE OFFICE

Are you looking for a way to encourage your employees or office-mates to RELAX and learn to take better care of themselves? Then talk to the MIGUN staff about setting up a time for your entire office to visit Migun of Greenville.

We can arrange for up to 10 of your friends/co-workers/employees to complete a special orientation session—either before or after normal business hours— and then have a 30-minute Migun thermal acupuncture massage. Migun understands that it's

sometimes hard to explain what it is our beds do to important people in your life, so we want to make it easier by offering a way to treat your special group.

As most of you already know, daily use of Migun can lower your stress levels, lower your blood pressure, lower your cholesterol, and increase your mood. Who doesn't need a boost by mid-week? Sometimes we need a boost after a long Monday. The American Chiropractic Association recommends that you use Migun every day be-

cause Migun promotes spinal health and flexibility, while also providing valuable regenerative and restorative care for almost everybody.

Appointments for groups— even your church group— are available. For more information, talk with Vicy next time you're in the store or call her on Migun Mobile at (864) 906-2104.

Visit [www.migunworld.com](http://www.migunworld.com) to find a center near your out-of-town friends!