

Nov.  
2007



# MIGUN of Greenville

NEWSFLASH

Welcome to the MIGUN of Greenville Family!

IN THE SPOT-  
LIGHT: Mini  
-Mats in WIN-  
TER!

## MIGUN Helps During Change of Seasons

*As the weather cools off, our bodies have to make certain changes to cope with the change of weather. The cooler air and pressure changes tend to lead to 'cold and flu season' and as the humid summer air is replaced by dry cool air, our skin feels the change too!*

*But you can use Migun every day to help the body cope with those changes!*

*Far Infrared is great for your ... pretty much everything, but especially your skin and your immune system!*

—What is FAR INFRARED (FIR)? FIR is a natural part of the light spectrum produced by our sun. FIR speeds up the healing process inside our body by stimulating micro-vibrations in our cells. This stimulation increases circulation in the human body by dilating the blood vessels. In turn, the circulation increase leads to more efficient processing of nutrients and oxygen for the body's cells and tissues. The result: pain relief and relief from chronic inflammation... and a healthier, happier you! Daily treatments with FIR can help you and your family feel more energetic and vibrant throughout the coming winter.

*The five Migun health principles—chiropractic, massage, acupressure, acupuncture and moxibustion—will all work together to keep your body's immune system working strongly to ward of colds and flu. They will also help eliminate inflammation in your joints that can cause a flare up of arthritis pain and pain associated with fibromyalgia.*



**Bob & Ruth enjoy earning over \$700 CASH BACK from their Migun bed purchase!**

*Along with these health principles, Migun beds also use JADE STONES to intensify the effects of Far Infrared.*

—Why does JADE STONE heal? JADE is a natural stone believed to have healing properties by many Asian as well as Native American cultures. Crystal healers associate Jade with ailments of the immune system, thymus, heart, kidney and nervous system. It is believed that jade encourages practicality, wisdom, mental peace and tolerance of others. They also believe it can rejuvenate the body during periods of stress, reduce fears, banish negative thoughts and increase a person's capacity for giving and receiving love. Jade makes a good worry stone and is often used in rosaries. Jade also magnifies Far Infrared rays, so MIGUN is more intense than other massage beds.

*Mini-mats and Healthy Mats use FAR INFRARED HEAT, NEGATIVE IONS, and technology that NEUTRALIZES HARMFUL EMF/EMI WAVES to keep your body healthy! (cont'd on page 3)*

## HOLIDAY SHOPPING & RELAXATION IN ONE!

**Buy YOUR Migun bed during TAX FREE SHOPPING AT MIGUN!**

**November 23-24**

**Buy your bed and we will pay your sales tax! Shop at MIGUN for your whole family!**

## Payment Options:

Cash, Check, Visa, MasterCard, AMEX

## FINANCING AVAILABLE

**0% Interest—**

**12 months! Or up to 60 months with interest for LOW PAYMENTS.**

**We offer FREE layaway—become a preferred member and GET A FAST PASS!**

**Use FLEX SPENDING DOLLARS to buy your MIGUN bed!**

HY 7000 UM	\$3695+ tax & delivery
HY 7000 U	\$3095 + tax & delivery
Healthy Mat—Full	\$1199 + tax
Healthy Mat- Queen	\$1499 + tax
Ionic Comfort Rug (Large/King)	\$499 + tax
Ionic Comfort Rug (Med./Queen)	\$349 + tax

Mini-mat DUO (NEW!!)	\$550 + tax
Mini-mat—Travel sized!	\$345 + tax
Skin Five Hand Rejuvenator	\$499 + tax
Negative Ion Bracelets (regular)	\$20 + tax
Handmade Negative Ion Jewelry is also available. Please see our in-store collection for prices. Special orders are available!	

**ALWAYS remember to bring either towels or a sheet for sanitary purposes!**

**ALWAYS DRINK A LOT OF WATER after using the MIGUN bed. Hydration is critical after a massage!**

# OUCH! THE MIGUN BED HURT MY TAILBONE!

Did you say that to yourself after the jade probes made their first few passes under your lower back? Or on your way out of our center after your first treatment on the MIGUN bed? How about when you woke up the next morning?

After using MIGUN, did your tailbone area feel tender, inflamed, even bruised? If so, what you were experiencing was most likely a HEALING REACTION. A healing or improvement reaction is different from an injury. In fact, it is the opposite of an injury. Your body is actually trying to heal your lower back with the help of MIGUN.

SO, WHY DOES IT HURT? Most of us have problems with our lower backs, even if we don't know about the problems specifically. Some problems are obvious: herniated discs, fused vertebrae, curvature of the spine, misalignment of the spine, chronically tight muscles, spinal stenosis, arthritis, sciatica, etc. MIGUN of Greenville has seen it all.

Other conditions are less obvious but more common. The most common problem related to the lower back is calcification of the connective tissue along the spine. Healthy connective tissue is a lot like Saran Wrap: soft, pliable, smooth, yet strong. As we age, however, the connective tissue tends to harden up like cement, especially in the lower back. This can cause a whole host of health problems, so one of the best things you can do for your health is to soften up the connective tissue in your back. But, have you ever gotten a massage aimed at trying to break that stuff up? No. As you age, your connective tissue loses some of its youthful flexibility— due to wear and tear, stress, less than perfect diet, injuries, etc.

## MIGUN HAS GOOD NEWS!

Your tailbone will not always be sore after a treatment on the MIGUN bed. Calcification of the connective tissue can be reversed, and the MIGUN jade probes are uniquely suited for the task. The probes act like tiny gentle jackhammers in your lumbar and sacral area - very effective. First, the probes saturate your lower back with deeply penetrating far-infrared heat which dramatically increases blood flow, oxygen flow, and energy flow to the area. Then, the probes aggressively massage the connective tissue until the calcified material is broken down and flushed out of the body. This process usually takes about two weeks of daily MIGUN sessions. REMEMBER: Your problems did not appear overnight. Be patient and have faith in the process of healing. Come often to see what the MIGUN bed can do for you!

### MIGUN EVENTS

Wednesdays—9:30 AM—Join Greenville's ONLY Laughter Club! We grin out loud! FREE to the public. (weekly) **\*\*NO LAUGHTER CLUB THE DAY BEFORE THANKSGIVING—MIGUN WILL BE CLOSED\*\***

Energizing Ionic Footbaths! \$35 for a half hour session—Saturday, November 24—all day long. Sign up for your foot bath today—sign up is located on library table in MIGUN's lobby.

**MIGUN WILL BE CLOSED WED. & THURS., NOV. 21-22 IN CELEBRATION OF THANKSGIVING. WE THANK ALL OF YOU FOR YOUR PATRONAGE!**

Learn to RETRAIN YOUR BRAIN with Stress Release Technologies! For more information, visit our store and talk to any staff member.



Team MIGUN is (L-R, back to front) Vicky, Liza, Debbie,



Questions?  
We like to answer!

Call us:  
(864) 242-1160

Email us:  
info@migunofgreenville.com

Visit us on the web:  
www.migunofgreenville.com

Hours of Operation:  
M—F 10 AM—7 pm  
New Client Orientations  
10:30, 11:30, 12:30, 1:30,  
2:30, 3:30, 4:30, 5:30

Saturdays 9 AM—4 PM  
New Client Orientations  
9:30, 10:30, 11:30, 12:30,  
1:30, 2:30

Last person on beds 30  
minutes before closing!

**MIGUN IS ENDORSED BY THE AMERICAN CHIROPRACTIC ASSOCIATION!**  
Visit [www.migunofgreenville.com](http://www.migunofgreenville.com) for more information about professional discounts  
now available.

***So, what could a Mini-Mat or Healthy Mat at home help with?***

—User reports show that **FIR helps relieve pain** associated with Arthritis, Rheumatism, Carpal Tunnel Syndrome, Knee pain, Back pain, Numbness of the extremities, Sports injuries, Tennis elbow, Varicose veins, Leg cramps, and Menstrual cramps.

—**FIR** also helps diminish **SCAR TISSUE** and speeds the wound healing process.

—**NEGATIVE IONS?** Negative ions are negatively charged molecules of air that we inhale in abundance in certain natural environments such as atop mountains, underneath waterfalls, and breathing in the salt air at the beach. Concentrations of these healthy molecules decrease as we move towards cities and indoors. Once negative ions reach the human bloodstream, they produce biochemical reactions that oxygenate the blood and help increase serotonin levels, the body's natural mood elevating chemical that helps alleviate depression, relieve stress, and boost daytime energy levels!



**Cathie bought a bed in Oct. 2006, and in Oct. 2007 she got a check for 10% cash back on her favorite purchase!**



## **SPOTLIGHT: MINI-MATS ARE AWESOME!**

“Could I have the mini-mat when she’s finished, please?” is a question we hear all day, every day here at Migun of Greenville. Why? Because using a Migun mini-mat does LOTS of things for you! Our mini-mats use special Migun 100-year-old stones (clay made from 6 different naturally occurring minerals) that produce **NEGATIVE IONS** to clean and ionize the air around you. Our mats also **HEAT TO 140°F FAR INFRARED HEAT** to soothe aching muscles and increase circulation. And they **NEUTRALIZE HARMFUL**

**ELECTROMAGNETIC INTERFERENCE** too!

Mini-mats are a great substitute for a heating pad because they are **SAFE TO SLEEP ON, EVEN OVERNIGHT**. For people with **CIRCULATION PROBLEMS** and **CHRONIC PAIN DUE TO ARTHRITIS OR OTHER CONDITIONS**, a Migun Mini-mat can help make a big difference in your life!

For **ATHLETES**, a mini-mat makes a great

way to help reduce knots due to lactic acid build up in those overworked muscles in order to speed recovery from tough workouts. Far Infrared Heat increases elasticity of muscle and soft tissue, so our mats also help reduce the chance of sports injuries. **MIGUN** of Greenville is proud to help athletes of all ages keep their bodies healthy.

Using the **MIGUN MINI-MAT** daily at home is a great way to experience **BEAUTIFUL HEALTH!**

## ***Mini-Mats are even better in the wintertime!***

“I used to wake up stiff and creaky in the mornings, especially in cooler weather, but now that I sleep on my Migun mat, I wake up refreshed without soreness! Thanks, Migun,” reports Patricia, a happy Migun Mini-mat user. “I also use my Migun bed every night before bed and I feel improvements in almost everything after a year of use!”

**MIGUN** of Greenville offers a **FREE Mi-**

**gun Mini-mat** with the purchase of a Migun bed within 30 days of your first visit to our center. We want you to get the maximum benefit that Migun can offer.

Bed owners love using their mats **WITH** their beds in order to add weight on top of the legs, which intensifies the effects of the leg massage of the Migun bed while also stimulating circulation in the lower extremities. This is particularly helpful for

people with conditions such as varicose veins and peripheral neuropathy due to diabetes or nerve damage. It also helps calm restless leg syndrome and can give you a much better night’s sleep.

Next time your Migun-bed neighbor asks you, “would you like my mat?”, just say **YES!** The best part about taking a Mini-mat home is that you can take it wherever you go from now on. Enjoy! ☺

Visit [www.migunworld.com](http://www.migunworld.com) to find a center near your out-of-town friends!