

**January
2008
Migun,
Energy,
Water
edition**

MIGUN of Greenville

NEWSFLASH

Welcome to the MIGUN of Greenville Family!

IN THE
SPOTLIGHT:
Bio-Energetic
Medicine &
Dr. Suzanne
Hoogeveen,
DC

Migun, Energy, and Water—Oh My!

"Imagine a world without pills, injections or surgeries!" promotes the Migun USA mini-vans that drive around Los Angeles, CA, daily. In imagining this world, one should think about three very important facets of that world: Migun beds, water and energy.

Migun beds use a certain wavelength of light known as Far Infrared (FiR). FiR produces radiant heat which speeds up cellular metabolism by increasing the rate at which water (and therefore nutrients, blood, toxins, electrolytes, etc.) moves through our cell walls. This rate increase allows your body's circulatory system and lymph system to work more efficiently during the time your cells are exposed to FiR. The effects of this exposure are cumulative and your cells begin to work more efficiently more of the time as your body's energy is freed to thrive instead of just survive day to day stressors, from polluted air to increases in blood pressure during 'road rage'.

FiR is radiant heat. What does that mean? Radiant heat is simply a form of energy that heats objects directly through a process called conversion, without having to heat the air in between. Radiant heat is also called infrared energy (IR). The FiR heat produced by Migun beds and mats is just like the heat from our sun or that which our own bodies produce as they burn fuel to keep us warm. *These rays are selectively absorbed by the tissues needing a boost in their output.* The internal production of infrared energy that normally occurs within our tissues is associated with a variety of healing resources.



Everybody loves Migun—even the cats! Older pets benefit greatly from daily FiR treatments.

After boosting a tissue's level to maximum, the remaining rays pass onward harmlessly. This phenomenon is called "resonant absorption."

FiR is energy that resonates with human cells (and their energy) by directly affecting movement of molecules within cells and tissues. Because of the effects of FiR, it is important to drink plenty of pure, preferably room temperature water, after each Migun session and continuously throughout the day. Making sure your tissues have enough water to make best use of the FiR energy is critical to Migun's effectiveness in your body.

Understanding how water and FiR work together should help you understand your body's overall connection water and energy that sustains life. Using Migun daily can help you better understand.

**MAKE 2008 A GREAT START TO
A HEALTHY BALANCE IN LIFE—
- TAKE HOME A MIGUN BED &
KEEP THOSE RESOLUTIONS
FOR YEARS TO COME!
BRING BEAUTY & HEALTH INTO
YOUR LIFE IN 2008!
HAPPY NEW YEAR!**

Payment Options:
Cash, Check, Visa,
MasterCard, AMEX

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60 months with interest
for LOW PAYMENTS.**

We offer **FREE** layaway—
become a preferred
member and **GET A FAST
PASS!**

Use **FLEX SPENDING
DOLLARS** to buy your
MIGUN bed!

HY 7000 UM	\$3695+ tax & delivery
HY 7000 U	\$3095 + tax & delivery
Healthy Mat—Full	\$1199 + tax
Healthy Mat- Queen	\$1499 + tax
Ionic Comfort Rug (Large/King)	\$499 + tax
Ionic Comfort Rug (Med./Queen)	\$349 + tax

Mini-mat DUO (NEW!!)	\$550 + tax
Mini-mat—Travel sized!	\$345 + tax
Skin Five Hand Rejuvenator	\$499 + tax
Negative Ion Bracelets (regular)	\$20 + tax
Handmade Negative Ion Jewelry is also available. Please see our in-store collection for prices. Special orders are available!	

ALWAYS remember to
bring either towels or a
sheet for sanitary
purposes!

**ALWAYS DRINK A LOT
OF WATER** after using
the MIGUN bed.
Hydration is critical after
a massage!

OUCH! THE MIGUN BED HURT MY TAILBONE!

Did you say that to yourself after the jade probes made their first few passes under your lower back? Or on your way out of our center after your first treatment on the MIGUN bed? How about when you woke up the next morning?

After using MIGUN, did your tailbone area feel tender, inflamed, even bruised? If so, what you were experiencing was most likely a HEALING REACTION. A healing or improvement reaction is different from an injury. In fact, it is the opposite of an injury. Your body is actually trying to heal your lower back with the help of MIGUN.

SO, WHY DOES IT HURT? Most of us have problems with our lower backs, even if we don't know about the problems specifically. Some problems are obvious: herniated discs, fused vertebrae, curvature of the spine, misalignment of the spine, chronically tight muscles, spinal stenosis, arthritis, sciatica, etc. MIGUN of Greenville has seen it all.

Other conditions are less obvious but more common. The most common problem related to the lower back is calcification of the connective tissue along the spine. Healthy connective tissue is a lot like Saran Wrap: soft, pliable, smooth, yet strong. As we age, however, the connective tissue tends to harden up like cement, especially in the lower back. This can cause a whole host of health problems, so one of the best things you can do for your health is to soften up the connective tissue in your back. But, have you ever gotten a massage aimed at trying to break that stuff up? No. As you age, your connective tissue loses some of its youthful flexibility— due to wear and tear, stress, less than perfect diet, injuries, etc.

MIGUN HAS GOOD NEWS!

Your tailbone will not always be sore after a treatment on the MIGUN bed. Calcification of the connective tissue can be reversed, and the MIGUN jade probes are uniquely suited for the task. The probes act like tiny gentle jackhammers in your lumbar and sacral area - very effective. First, the probes saturate your lower back with deeply penetrating far-infrared heat which dramatically increases blood flow, oxygen flow, and energy flow to the area. Then, the probes aggressively massage the connective tissue until the calcified material is broken down and flushed out of the body. This process

MIGUN EVENTS

Energizing Ionic Footbaths! \$35 for a half hour session—Saturday, January 12th—all day long. Sign up for your foot bath today! Sign up is located on library table in MIGUN's lobby.

Saturday, January 26th @ 4pm—Dr. Suzanne Hoogeveen, DC presents a FREE public lecture, Bio-Energetic Medicine: A New Perspective on Health. Bring a friend and learn more about this great new perspective!

MIGUN WILL BE CLOSED Sat. through Mon., Jan. 19-21 for our annual employee retreat weekend.

Palmetto Clinic—Dr. Mike & Dr. Angela—will be doing FREE spinal screenings at MIGUN on Wednesday, 1/9/08 and on Friday, 1/18/08. Screenings will begin around 1pm on both days; no appointment is necessary.



Team MIGUN is (L-R, back to front) Vicy, Liza, Debbie, Lucy, Ashleigh & Eva.



Questions?
We like to answer!

Call us:
(864) 242-1160

Email us:
info@migunofgreenville.com

Visit us on the web:
www.migunofgreenville.com

Hours of Operation:
M—F 10 AM—7 pm
New Client Orientations
10:30, 11:30, 12:30, 1:30,
2:30, 3:30, 4:30, 5:30

Saturdays 9 AM—4 PM
New Client Orientations
9:30, 10:30, 11:30, 12:30,
1:30, 2:30

Last person on beds 30
minutes before closing!

MIGUN IS ENDORSED BY THE AMERICAN CHIROPRACTIC ASSOCIATION!
 Visit www.migunofgreenville.com for more information about professional discounts
 now available.

Migun, Energy and Water-Oh My! (cont'd from page 1)

and energy. Your body mass is 70% water, which means enough water truly completes you.

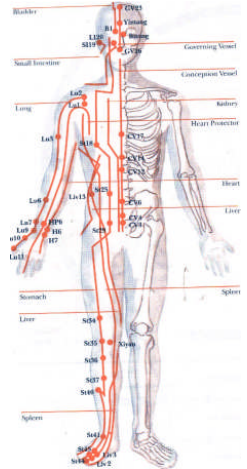
Among the many things that FiR accomplishes are the following: the warming effect is helpful in eliminating such things as the waste products generated by aging, heavy metals and toxic substances, which are then secreted by the sweat and dermis-layer fat glands. FiR also adjusts autonomic nerve function

and reduces over-stimulation of sensory nerves. Beyond that, FiR affects every living cell and produces warmth. Through this cell tissue "micro friction" and the vibration of molecular resonance, chemicals within cells are activated. When FIR penetrates our bodies it can be converted into the appropriate energy. This activates the self-regulating systems in our living tissue so as to alleviate bodily imbalances and lead to

recovery. Using Migun every day helps alleviate

Meridians of the Human Body

physical and energetic imbalances. Now, Imagine!



SPOTLIGHT: Bio-Energetic Medicine

Migun beds work under five different health modalities that all involve proper blood and energy flow within the body. Chiropractic is concerned with proper spinal alignment and proper signaling along the spinal column within the nervous system. Massage is involved with circulation and stimulation of the lymph system for proper drainage and nutrient absorption. Acupressure and Acupuncture are both active in establishing the proper flow of the vital energy Ch'i in the body's energy pathways (meridians). Moxibus-

tion assists the circulation of both blood and energy in the body.

So what is Bio-Energetic Medicine? Bio-Energetic medicine is also about balance and the proper flow of energy within the body, and Migun of Greenville is excited to host a free public lecture by Dr. Suzanne Hoogveen, DC, on Bio-Energetic Medicine as a New Perspective on Health. Bio-Energetics is grounded in the principles of energy pathways or Meridians that pass through the organs and systems of the

body. Bio-Energetic theory trusts that optimal health is achieved by proper energy balance in the body's meridians because each meridian has an optimal frequency for health. Bio-Energetic Medicine uses discrete points along the energetic pathways with unique electrical conductivity along these pathways which are related to specific organs or systems of the body. The frequency detected at each point is indicative of an organ or system's functional health.

"The knowledge about man is still in its infancy." —Albert Einstein

In her practice, Dr. Hoogveen uses innovative technology to quickly, accurately, and non-invasively arrive at the core of your health challenges. Measurements of electrical conductance are made at specific points on your hands and feet and notes are made regarding each point on a scale of 1-100, with a perfect score being 50. Above 50 indicates stress or inflammation and below 50 indicates a weakness or degeneration. These 'scores' are stored in a

computer so that Dr. Hoogveen may review them to determine specific areas of imbalance in order to best prescreen therapeutic options ranging from supplements and herbs to essential oils, etc. One interesting thing about Dr. Hoogveen's Bio-Energetic methods are that your body participates in the screening of potential treatments!

Please join us on Saturday, January 26th @ 4pm for a special lecture on Bio-Energetics

by Dr. Hoogveen herself.

For questions regarding appointment times or more information on Bio-Energetics, please contact Dr. Hoogveen's office at (864) 373-5955.

Thank you for your interest in better health!

Visit www.migunworld.com to find a center near your out-of-town friends!